

## **I: Assignments for Nurs85A (Theory)**

**Week 1:** Fill out the “Student Success Questionnaire”, Respond to the question on “Silence” and “Know Thyself”. Read the “Patients’ Rights Handbook”(no written work required)

Forms for the first 3 assignments are in the “Workbook”. Obtain the Pts Rights Handbook from your clinical area. Complete these assignments and turn in by Friday of Week One.

**Week 2:** “Culture Paper”: Write a one page typed paper on any aspect of mental health/illness from your own life’s experience within your culture. This should be from your own lived or observed experience. Turn in on Friday of Week 2.

**Week 3:** “Suicide Response”: Respond to the statement “Anyone who really wants to kill himself will do it and there is nothing you can do about it.” Give careful thought to the validity of this statement and think about what you have learned in this course that has changed your previous thinking. Turn in your typed one page paper on Friday of Week 3.

**Week 4:** (1) Complete the Self Learning Module, “Nursing Management of Alcohol Withdrawal”, and turn in the test questions on Friday of Week 4. (2) Turn in your report on your visit to an Alcoholics Anonymous (AA) mtg. Use the format on the form located in the “Workbook”, but type your paper and turn in Friday of Week 4.

**Week 5:** “Family Violence”: Respond to the statement “She will just go back to him anyway so what’s the point (of providing care and resources)? Do you agree or disagree? Why or why not? What have you learned in this course that has altered the way you would have answered this question before? Turn in your typed one-page response by Friday of Week 5.

**Note:** Because of holiday schedules or other circumstances, the Instructor may change the due dates for assignments as needed. Students are responsible for letting the Instructor know ahead of due dates if they have extenuating circumstances or need more time to complete work. Students, as adult learners in a collegiate course are expected to plan well ahead to have multiple coursework requirements ready during the same week, e.g. exams, class presentations, and papers, as well as clinical assessment/careplans will be due concurrently.

(please see Page II for Video/DVD Assignments)

## II. Instructions for Required Videos and Write-Up (Theory Assignment)

Four (4) videos are required to fulfill the class points for videos per the Greensheet. However, viewing as many as you can is strongly recommended for best learning and understanding of course material. For viewing videos beyond the four that are required there is no write up to turn in.

For each write-up: Make a list of four to six main points. Then, write a short paragraph (four to six sentences) on how you will apply what you have learned in any area of your work as a nurse. **Please type your papers.**

Every student is required to watch *“I’m Still Here”* (TURN IN FRIDAY OF WEEK 2), and *“Physicians Perspective on Domestic Violence”* (TURN IN FRIDAY OF WEEK 4)

The two videos of your choice are due FRIDAY OF WEEK 5 .

Recommended other videos from which to choose:

Chemical Dependency (or Addictions) a set of four.

Family Violence (or Domestic Violence) a set of four (not the same as Physicians Perspective above)

OCD (Obsessive Compulsive Disorder)

Healthy Women 2000

Dying to Be Thin

The Long Journey Home (the family’s response)

Schizophrenia (set of 3)

Extrapyramidal Symptoms

Mental Status Exam

Additional videos/DVDs are on the 5<sup>th</sup> qtr shelf, please check with Marge in the Lab

### **III: Assignments for Nsg 85AL (Clinical)**

Weekly clinical work is required including the last week of clinical. Clinical work consists of the following:

First day of Patient Assignment: Assess your patient(s) according to the “Daily Prep Sheet” (this is actually a multiple page form) located in the assessment. This is a complete Orem assessment to include universal, developmental and health deviation self-care requisites.

Second day of Patient Assignment: Arrive at clinical with two nsg dx based on your patient assessment with goals and interventions. Carry out the interventions and at the end of the day write a **narrative evaluation note** for each dx. Ask if you do not know what a narrative note is.

#### Subsequent Weeks:

If you keep the same patient the following week, use your assessment from the week before and update it as needed. Add a new nsg dx the first day of the week (prepare ahead of time if you know you will have the same pt(s) and be ready with your new dx, goals and interventions. On Wed. of each week write a narrative evaluation note for **all nsg dx's**. For example, keeping the same patient, by Wed. of Week two you will have 3 nsg notes to write (for the 2 nsg dx the first week, and the 3<sup>rd</sup> nsg dx the second week).

Each week add one additional nsg dx. If you keep the same patient for five weeks, you should have six nsg dx by week five and you will need to write six evaluation notes on Wed. of Week Five, seven if you are 2<sup>nd</sup> 6 wks.

If you get a new patient each week you will assess the first day and write two nsg dx with goals and interventions, the second day, carry out the interventions and write the two evaluation notes at the end of the day.

#### Other Required Clinical Work:

1. One Critical Thinking Worksheet: Due by Week 4. Earlier is better if you will be asked to “redo” anything.
2. “Clinical Conference Planning Form”: Due weekly to Clinical Instructor for Weeks 2,3,4, 5 (and 6 for six week clinicals). Form is located in the Workbook.

**Note: The Instructor will check your work daily or weekly during clinical hours, and give you feedback. At times, your work may be collected by the Instructor for detailed review, and returned to you the next clinical day. Also be aware that based on variations on when the student will have an assigned patient the sequence of assessment and care plan may vary, e.g. the student may need to assess/write nsg dx on a Wed. instead of a Tuesday. Work closely with your Instructor to be sure you are up to date on assessments and care plan/evaluations.**