

# Santa Clara County Behavioral Health Resources



Ethnic and Cultural Communities Advisory Committee (ECCAC)  
Family Outreach and Engagement Program

Mental Health	Phone Website	Substance Use Treatment Services (SUTS)	Phone Website
Toll-Free Mental Health Call Center	800-704-0900 <a href="http://www.sccbhsd.org/">www.sccbhsd.org/</a>	Substance Use Treatment - Gateway	1-800-488-9919 <a href="http://www.sccbhsd.org/">www.sccbhsd.org/</a>
Emergency 24 hours/7 days a week Request a <b>Crisis Intervention Team (CIT) officer</b> , trained to assist in a mental health crises	9-1-1	<b>Adults and Older Adults</b>	<b>Phone</b>
Santa Clara County Suicide & Crisis Hotline	1-855-278-4204 <a href="http://www.sccbhsd.org/suicideprevention">www.sccbhsd.org/suicideprevention</a>	Adult & Older Adult Behavioral Health	1-408-885-7575
Trevor Lifeline - 24/7 suicide prevention lifeline for LGBTQ youth	866-488-7386 <a href="http://www.thetrevorproject.org/">www.thetrevorproject.org/</a>	Sourcewise Santa Clara County	1-408-350-3200 <a href="http://www.mysourcewise.com/">www.mysourcewise.com/</a>
National Suicide Prevention Lifeline	800-273-8255 <a href="http://www.suicidepreventionlifeline.org">www.suicidepreventionlifeline.org</a>	VTA ACCESS Paratransit Service	1-408-436-4860 <a href="http://www.vta.org/paratransit">www.vta.org/paratransit</a>
Emergency Psychiatric Services (EPS)	1-408-885-6100	Meals on Wheels Program	1-408-350-3246 1-408-350-3200, option 4
Mental Health Urgent Care (MHUC) walk-in	1-408-885-7855	Office of Consumer Affairs	1-408-792-3935
Sexual Assault and Domestic Violence Support Line	800-572-2782 <a href="http://www.ywca-sv.org/">www.ywca-sv.org/</a>	Office of Family Affairs	1-408-792-2166
YWCA of Silicon Valley	Survivors of Suicide (S.O.S.) loss support group	<b>Transitional Age Youth (TAY)</b> (Ages 14 - 25)	<b>Phone Website</b>
211 United Way Bay Area <small>Health &amp; Human Services Information &amp; Referrals</small>	2-1-1 or 1-408-248-4636 <a href="http://www.211bayarea.org/">www.211bayarea.org/</a>	Uplift Family Services	1-408-379-9085 877-412-7474 <a href="http://www.upliftfs.org/">www.upliftfs.org/</a>
NAMI Santa Clara County (National Alliance on Mental Illness)	1-408-453-0400 <a href="http://www.namisantaclara.org/">www.namisantaclara.org/</a>	Child & Adolescent Mobile Crisis Program (CACP)	855-273-2248 <a href="mailto:info@reach4scc.org">info@reach4scc.org</a> <a href="http://www.reach4scc.org/">www.reach4scc.org/</a>
Mental Health First Aid (MHFA) training by ECCAC	1-408-792-3921 <a href="http://www.sccbhsd.org/eccac">www.sccbhsd.org/eccac</a>	REACH (Raising Early Awareness and Creating Hope) consultation, referrals	1-888-247-7717 <a href="http://www.billwilsoncenter.org">www.billwilsoncenter.org</a>
Eating Disorders Resource Center (EDRC)	1-408-356-1212 <a href="http://edrcsv.org/">http://edrcsv.org/</a>	Bill Wilson Center 24/7 Teen Line	1-408-850-6125 <a href="http://www.billwilsoncenter.org">www.billwilsoncenter.org</a>
Self-Help Centers: Zephyr, Esperanza	Zephyr 1-408-792-2140 Esperanza 1-408-852-2460	Contact Cares' Crisis Line	1-408-343-7940 <a href="http://www.youthspace.org/">www.youthspace.org/</a>
Trans Lifeline	US: 877-565-8860 <a href="http://www.translifeline.org/">www.translifeline.org/</a>	LGBTQ Youth Space Drop in Center Chat 4 Teens	<a href="http://www.chat4teens.org">www.chat4teens.org</a>
		M-F 5:00 - 9:00 p.m.	<a href="http://www.chat4teens.org">www.chat4teens.org</a>
<b>Emergency Food &amp; Shelter</b>		<b>Phone/Website</b>	
Homeless Helpline operated by HomeFirst		1-408-510-7600 <a href="http://www.homefirstscc.org/">www.homefirstscc.org/</a>	
Second Harvest Food Bank Food Connection Toll-Free Line		1-408-266-8950 1-800-984-3663 <a href="http://www.shfb.org/">www.shfb.org/</a>	
Santa Clara County Behavioral Health Network of Care		<a href="http://santaclara.networkofcare.org/mh">http://santaclara.networkofcare.org/mh</a>	

**Need help accessing these resources?**

Contact ECCAC at [www.sccbhsd.org/eccac](http://www.sccbhsd.org/eccac) and 1-408-792-3900

Support is available in Afan-Oromo, Amharic, Arabic, Cantonese, English, Somali, Spanish, Tagalog, Tigrinya, and Vietnamese.